



# Motivating Your Kids / Teens

**JEPAG: The Joint Educational Parent Advisory Group presents**

## Guest Speaker: Dr. Karyn Gordon

Dr. Karyn is one of North America's leading relationship / parenting experts, a best-selling author, a media personality, motivational speaker and founder of dk Leadership.

Her mission is to inspire people to dream their best life, learn the tools and do it!



## Learn 7 Strategies To Inspire & Motivate Your Kids / Teens

**D**r. Karyn has listened to over 10,000 hours of teens 'spilling their guts'. She knows what makes them 'tick' and how parents can effectively motivate and inspire them to reach their greatest potential. She is passionate about helping young people develop a "love of learning" and wants to empower parents & teachers with the tools to ignite this love! Regardless of whether a student is naturally gifted or struggles academically, Dr. Karyn is a firm believer that being focused, self-disciplined and motivated are simply 3 of the most critical skills young people should develop. She has seen firsthand that when adults learn specific skills and encourage boundaries it radically improves a child's motivation!

### In this 75-minute playful, passionate & pragmatic keynote you will learn:

- The 4 different types of motivation
- The importance of personality traits as they relate to motivation
- How different parenting & learning styles impact motivation
- 7 practical strategies to inspire and motivate your kids / teens

**Date:** Monday, May 5, 2014

**Time:** 7:00 – 9:00 p.m.

**Place:** Nicholas Mancini Centre, 44 Hunt St, Hamilton, ON



**Please RSVP at [www.jepag.ca](http://www.jepag.ca)**

Networking at **6:30pm**, Meeting starts at **7:00 pm**

**JEPAG:** The HWCDSB Regional Representative Group of the Ontario Association of Parents in Catholic Education (OAPCE)

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