

Impact on Young Minds – Video Games & Social Media, Healthy or Harmful?



➤ Come and find out about the potential dangers and negative consequences of social media and video games on young people.

➤ While social media has positive aspects, this workshop will look at the impact of video games and social media on the developing brain.

When: Nov. 8, 2018 at 7:00 – 9:00 P.M.

Where: Chancery Office 700 King St. West Hamilton

For: All parents, caregivers, and grandparents, even youth themselves

Why: This workshop will provide an overview of some of the social dangers present on the web and suggest guidelines and boundaries to help children's access to screen time remain healthy.

Presenter: Brian Janes (registered psychotherapist).



Sponsored by the Family Ministry Office
Diocese of Hamilton

To register call Lena a 905-528-7988 ext. 2249

Or on line at www.hamiltondiocese.com