



"Live, Love, Lead like Christ"

Principal – G. Pizzoferrato
Superintendent - T. Kovach

ST. ANN CATHOLIC SCHOOL
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Hamilton-Wentworth
Catholic Schools
Believing, Achieving, Serving

Cathedral Principal – M. Daly
Principal Intern –Mrs. P. Moscato
Trustee -A. Perri



"Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness; for theirs is the kingdom of Heaven"



PRINCIPAL'S MESSAGE

November has arrived with the change in time and the change in weather! This month we have many activities and special occasions to celebrate. To begin with, we are reminded about who we are called to be, with the celebration of All Saints Day on November 1st, honoring those who have lived their lives in a way pleasing to God. We are encouraged to pray for those who have died and who can be helped by our prayers and good deeds through the celebration of All Soul's Day on November 2nd. These celebrations help to bring to mind that we are all members of God's family.

Our Thanksgiving Food Drive was another huge success in supporting the Annex at Cathedral High school as they work to replenish the shelves to help the needy in our local community. Thank you for giving so generously during the Thanksgiving season to those in need of assistance. The generosity continued in response to our major school fundraiser, our Halloween Spook-a-thon. The donation tally is still climbing and the total will support the many school initiatives that help to create the effective learning climate here at St. Ann School. We will be holding our Remembrance Day Liturgy in our Gym at 10:30AM on November 11th. We welcome all parents to attend this celebration of peace where we recognize those that work to protect our country. Also in November we will be raising awareness around Bullying Awareness, which we are dedicated to on an ongoing basis. With the support from the adults around them, we believe that our youth can provide the leadership and modeling that promotes a caring and respectful school environment that values the full range of our differences. Progress Reports are coming on November 15th, with our Grade 1 to 8 Parent/ Teacher Interviews being scheduled for Thursday November 17th. We look forward to seeing parents during these interviews as this is a great opportunity to build a strong connection with your child's teacher for the purpose of supporting your child's learning!

The first Sunday of Advent is on November 27th. Before you know it, we will be celebrating Christmas! Have a great November!

PARISH NEWS

ST. ANN'S PARISH CHRISTMAS BAZAAR
Sat., Nov. 26th from 2 p.m. – 7 p.m. & Sun., Nov. 27th from 10:00 a.m. – 1 p.m. At St. Ann's School gym (Barton St. E @ Sherman Ave. N.) Hamilton. Capital Prize Cash Draws, Penny Raffle Table, Baked Table, Special Draws, Food & Refreshments will be available. All are welcome. Please note that the venue is Wheelchair accessible.
For more information call 905-544-0488

ST. ANN'S PARISH is looking for Altar Servers. They would like young parishioners/students in grade 4 & higher (male or female) to assist as Altar Servers at their weekend Masses. Training will be provided. You can choose the Mass time that suits your family's schedule. Contact the parish at 905-544-0488 or email stannparish@cogeco.ca

SCHOOL MASS

Our next school mass will be **Wednesday, November 2nd at St. Ann Parish at 10:00a.m.** Please take the time to join us with our Pastor, Fr. Joe as we celebrate the Eucharist.

FAMILY SCIENCE NIGHT

Tuesday, November 15, 2016
Drop in from 6:30 p.m. – 8:30 p.m.
ST. ANN CATHOLIC ELEMENTARY SCHOOL
A free family fun event for kids of all ages will be presented by Scientists in School. Registration forms will be arriving home shortly. Be sure to return the completed form so your spot will be reserved.

PHOTO RETAKE DAY

Photo Retake Day is **Thursday, November 17th at 9:00 a.m.** for students in JK – Grade 8. If parents/guardians have inquiries regarding the school pictures, please call Lifetouch Plant directly at 1-866-443-9657. Thank you!

PA DAY

The next Professional Activity Day is **Friday, November 4, 2016**. There is **no school** for the students on that day as staff members will be participating in professional learning grounded in our Catholic faith.

ANAPHYLAXIS UPDATE

Anaphylaxis and Life Threatening Allergies Several children in our school live with a severe life threatening food allergy to peanuts and nuts (anaphylaxis). This is a medical condition that causes a severe reaction to specific foods and can result in death within minutes. Although this may or may not affect your child's class directly, we request that you send your child with nut-free lunches and snacks. Products that contain or "may contain" peanuts and tree nuts are not to be brought onto the school site. Alternate "peanut butter" spreads are difficult to differentiate from the real product and make monitoring student safety a challenge.

We continue to promote food-free celebrations at school. Please do not send snacks or treats for your child's birthday or Holidays (Halloween, Christmas, Valentine's and Easter). Thank you for helping to keep students safe!

November is Bullying Awareness Month!

Bullying Awareness Month helps to focus on increasing the awareness of bullying and to help prevent, resolve, and eliminate bullying in our society. A positive learning environment is essential if students are to succeed in school. Promoting a safe and positive school climate is always a goal, and during this month students and staff will continue to highlight this initiative through announcements and classroom presentations. The Theme for this month will be "Stand Up to Bullying!" This theme will continue to be a focus throughout our year.

Ontario Catholic Graduate Expectation and Virtue of the Month

The month of November will focus on the Ontario Catholic Graduate Expectation *A self-directed, responsible, life-long learner* and the virtue of *Peace*. Peace is linked to justice and St. John Paul II reminded us that peace is the fruit of justice.

The students will focus on setting appropriate goals for the month. Effectively apply communication skills to solve conflicts and make good choices. Their actions will reflect those of a Christian leader. Students will find time to exercise their mind, body, and soul. They will respect the dignity of themselves and others. When challenges arise, they will respond in a positive manner.

Faith In Action Question:

What actions can we take to promote justice between people and understanding between groups?

UNITED WAY RED AND WHITE AND GUM DAY

Once again, our school community will participate in the Red and White Day in support of the United Way. All students and staff are invited to wear red and white on **Tuesday, November 8th**. A donation of a Loonie or any other amount is appreciated!

This year, we will also have 1 Gum Day and donate all the proceeds to the United Way. The cost of buying the right to chew gum on **Tuesday, November, 15th** is \$1.00 per license. Let's all work together to make this a successful fundraiser for the United Way!

PIZZA DAY

Pizza day is on Friday, November 25th and orders will be taken on Monday, November 21st in the morning (\$1.75/slice). This will also be a dress down day.

CATHOLIC SCHOOL COUNCIL NEWS

You are reminded that there is a Catholic School Council meeting on **Thursday, November 29th at 6:30 p.m.** in the staff room. **All parents/guardians are invited to attend.**

HWCDSB PARENT CONFERENCE

WEAVING THE CATHOLIC PARTNERSHIP

A friendly reminder of the annual Parent Conference on Saturday, November 5, 2016 at Bishop Ryan CSS. 7:45am - 8:30am Registration, breakfast, exhibits

THANKSGIVING FOOD DRIVE

Thank you to all families who contributed to the St. ANN Thanksgiving Food Drive. As a result of your generous donations, we were able to send out over **2000 items of non-perishable food items** to the Cathedral Annex Wilma's place. Thanks also to our Student Lighthouse Leadership Team and classroom teachers for promoting this event.

MOVE-A-THON

October's spook-a-thon was a major success. There was much participation and co-operation by all. Thank you to all who helped to make that event a success. Please have your monies in to the student's classroom teacher by **Monday, November 7, 2016**. Many thanks are also extended to the students and staff that decorated the gym and organized the music.

The 3 top money raisers will win one of the top3 prizes and then all the students that raised money will be eligible for a random prize that will be drawn for the primary, junior and intermediate divisions!

PROGRESS REPORTS/PARENT TEACHER INTERVIEW

Progress Reports (Grades 1-8) will be sent home on Tuesday, November 15th, 2016.

There will be a strong emphasis on Learning Skills and Work Habits as these are critical factors to ensure future academic success. There will be an evening for Parent-Teacher interviews on **Thursday, November 17th**. Exact times for each conference will be coordinated by staff. If this is not a convenient time, please contact your child's teacher to make other arrangements. Please remember to return the response

page along with the envelope in which the progress report arrives home to your child's teacher.

Early communication between classroom teachers and parents supports the learning of your child/ren. Please note that at any time, parents can arrange to meet with the teacher to discuss the progress of your child. Regular communication is strongly encouraged to ensure that you remain informed of progress and next steps in learning on a regular basis.

DROPPING CHILDREN OFF

Parents/Guardians are reminded that children should not be dropped off at any time of the day on St. Ann Street as this is a Fire Zone. Please use the "Kiss and Ride" off of Sherman Avenue. Parents/Guardians turning into the lane way off Sherman Ave. in the mornings are asked to be aware of pedestrians on the sidewalk. Please note: there is no parking on the school property for parents/guardians to walk their children to the playground. Please use the St. Stan's Church Parking lot across the street or the Holy Spirit Parking Lot.

At the end of the day, all students that walk to school or are to be picked up will be dismissed by way of the front doors. *Please obey the no parking and stopping signs on St. Ann Street at the front of the school. The City of Hamilton Bi-law Officers will be enforcing the no stopping and parking signs. Parking in these zones is a safety concern. Your co-operation regarding these signs is expected! Only those students that take the bus will exit from the back doors. Please note: the "kiss and ride" area is not available at the end of the day.**

ST. ANN EARLY LEARNING AND CARE CENTRE

We offer a full day **Toddler program** for children aged 18 months – 2.5 years, a **Preschool Program** for children 2.5 years – 5 years of age, and a **Before and After School Program** for ages 3.5 – 12 years of age. We are currently accepting registrations for all programs.

Fees are as follows:

Toddlers \$43.00

Pre School \$37.00

Before & After \$20.00(J/K, S/K) \$17.00 (Gr 1-7)

Before school only \$11.00(J/K, S/K) \$10.00 (Gr 1-7)

After school only \$15.00(J/K, S/K) \$14.00 (Gr 1-7)

Please pass this information to parents who have children who would benefit from this program.

For more information or to register call:

St. Ann Early Learning and Care Centre

Contact: Joanne Genovese (supervisor)

(905) 523-2304

FREE EYEGLASSES

If you do not have coverage for your child's eye exam and/or glasses, Lenscrafters will provide these for you free of charge. Please request your letter from the office.

STUDENT ABSENCES

It is important that all student absences be reported. The school has an answering machine in operation daily from 4:00 p.m. to 8:00 a.m. where a recorded message may be left about a student's upcoming absence. It is the school's safe entry policy to contact parents of absent students unless we have prior notification about their absence. Parents/Guardians will be phoned at work if we cannot reach them at home.

FALL/WINTER WEATHER

Please ensure that your children dress warmly for school during the upcoming cold months. Hats, mitts, heavier coats, etc. will be in order. You should expect that students will be outside for recess except for excessively cold days. During this season students will **not** be permitted to wear their **outside footwear** into the classrooms. Students should bring an extra pair of runners to wear around the classroom and school.

Also, during the upcoming winter months when schools are closed or buses cancelled due to extreme weather conditions, details will be announced on the Hamilton-Wentworth Catholic District School Board website (www.hwcdsb.ca) and Hamilton-Wentworth Student Transportation Services website (www.hamiltonschoolbus.ca/public_v2/index.aspx) as well as the following Hamilton and area media outlets: 900 CHML / VINYL 95.3 / Y108 FM CKOC 1150 / K-Lite 102.9 FM / CHAM 820 CHCH TV Morning Live (Channel 11) CBC Hamilton www.cbc.ca/hamilton The Hamilton Spectator www.thespec.com Twitter <https://twitter.com/HWCDSB> Facebook www.facebook.com

Schools closures and bus cancellations will be posted on the HWCDSB and HWSTS websites and communicated to the local media by 7:00 a.m., whenever possible. If schools close early, the information will be posted on the HWCDSB and HWSTS websites and sent to the media for dissemination.

C.Y.O. CROSS COUNTRY

On October 12th approximately 80 of our Gr. 2-7 students participated in the C.Y.O. City Cross Country Meet at C.Y.O Camp Marydale. Many thanks to the Mme Settini for co-ordinating the event and the coaches who monitored and trained the students for this activity. Thank you to the parent/guardian volunteers and a special thank you to the staff for supervising the students at the event.

Congratulations to Preston B. who came in 1st and Anna K. who came in 4th. Congratulations to all of our participants.

C.Y.O NEWS . . .

The Senior and Junior Girls' Basketball Teams and Senior Football Team have had successful regular seasons. They are beginning the playoffs over the next 2 weeks; best of luck to players on both teams. Thank you goes out to our staff coaches Mr. Z, Mr. Borsellino, Ms. Smith, Mrs. Wettlaufer and Ms. Stevens, our student and staff gym supervisors, referees, timers and scorers, along with all the parents/guardians, family members and friends that have come out and supported the girls at all the games.

FRENCH EXPERIENCE

The Junior and Intermediate divisions enjoyed a Franco-Ontarian concert from the Group SWING, courtesy of Dann Crandall!

A fantastic opportunity and exposure to authentic French music !!!

H.W.C.D.S.B. PILGRIMAGE

Students and staff from all of our H.W.C.D.S.B. schools participated in the 10K Pilgrimage walk from Cathedral

Catholic Secondary School to St. Daniel Catholic Elementary School on Sunday, October 16th. The Pilgrimage was in support of the H.W.C.D.S.B. initiatives that help developing nations. Thank you to the students and staff that represented St. Ann, Hamilton Catholic School Community at this worthwhile event. Congratulations to everyone!

GROWTH MINDSET IN MATH

In general, a growth mindset is the belief that intelligence and 'smartness' can also be learned and that the brain grows from experience and effort. The opposite, a fixed mindset, is the idea that you are smart, or you are not. In math, that translates into "some people are good at math, and some are not." Did you know that praising efforts rather than intelligence or results can impact your child's ability to persevere in challenges?! The goal is to have children thrive on challenges and see failures, not as a sign of low intelligence, but as a learning opportunity. Brain research tells us that making mistakes actually wires more connections into the brain! When a person has a growth mindset, they accept challenges, see their efforts as worthwhile, and are open to learning from mistakes. Students with a growth mindset achieve at higher levels than those with fixed mindsets. How can you help? Some simple ways:

- Adding "yet" when they claim they are "not good at this" (Respond: "You are not good at this yet.")
- Ask questions that focus on their effort and choices and get them to reflect on satisfaction of that effort (e.g. *What did you learn today? What mistake did you make that taught you something? What did you try hard at today?*)
- Model this yourself as you share about your day

ATTENTION INTERMEDIATE MATH STUDENTS - DID YOU KNOW?

The ILC Homework Help website located at <http://homeworkhelp.ilc.org> is designed to enhance students' learning skills and contribute to academic success in math. This project focuses on providing free on-line math assistance to students in Grades 7, 8 and 9. The key features of the website contain interactive tutorials, examples, exercises and EQAO test preparation. The site also includes the Ask a Teacher one-on-one tutoring, available only after school from 5:30- 9:30 p.m. from Sunday to Thursday, and is designed to help students with their homework. Parents can also register as guests but cannot participate in the chat sessions. This is a fully monitored site with several protective measures where students remain safe and anonymous and can return to the site as often as they need. All grade 7, 8 and grade 9 students can access these supports, by logging into Homework help at <http://homeworkhelp.ilc.org> using the Username and Password they generated during the o-line registration process facilitated by the school. The Homework Help website is fully monitored with several protective measures in place to ensure student safety.

ROOTS OF EMPATHY PROGRAM

The Roots of Empathy program will be returning to St. Ann school in Ms. Smith and Ms. Wettlaufer's

kindergarten class. Roots of Empathy is an award-winning, evidence based classroom program that has shown dramatic effect in reducing levels of aggression among school children while raising social/emotional competence and increasing empathy. At the heart of the program are Baby Lacey and her mom Mrs. Russo. The family will visit the classroom nine times over the school year. During these visits, we will coach the students to observe the baby's development and label the baby's feelings. In this experimental learning, Lacey is the "teacher" and she will help the students identify and reflect on their own feelings and the feelings of others. In total, there are 27 lessons over the school year to deliver nine themes. Each theme consists of three visits, a pre-family visit, a family visit and a post-family visit. These themes include important topics such as crying, emotions, safety, communicating and sleep.

JML SCHOOL UNIFORM SUPPLIER

The school's uniform supplier is JML Sportswear and is located on 95 Parkdale Ave. North. They can be contacted at **905-544-1608**.

WEBPAGE SIGNUP FOR FAMILIES

Please take a moment to register your email address on our school website (stah.hwcdsb.ca) so we are able to communicate with you directly on an ongoing basis. Your registration will allow you to stay current and receive weekly communication from the office to stay current with the latest news coming out of the school. To register simply go to the school website, scroll partway down the page to a section that says "follow (Subscribe)" menu, you will see the link to permit you to register. This communication strategy will be another important way for families to remain in receipt of constant communication from the school. I look forward to exploring this tool with you.

SCHOOL CASH ONLINE

We ask parents to please take 5 minutes to register, by following the steps below. Once you are registered online, you will begin receiving emails about upcoming events. This Board initiative is designed to support parents in moving to a cashless school system for most school based initiatives.

The link below will take you to a one minute video clip that will give you a brief overview of the registration and online shopping experience.
<http://www.keysoftware.com/movies>

Register Online:

Step 1: Please click on this link:
<https://hwcdsb.schoolcashionline.co>

Step 2: Register by selecting the "Get Started Now" icon and following the steps.

Step 3: After you receive the confirmation email, please select the 'click here' option, login and add each of your children to your household account.

PLEASE NOTE: If you have any questions during the registration process or while shopping online, please select the GET HELP option in the top right hand area of the screen.

Most parents want their children to be happy and spend a great deal of their energies trying to ensure this is the case for their children. A new study released by the World Leisure Journal suggests that it may be much simpler than we believe. A variety of leisure activities, including hiking, board games and visiting local tourist attractions, can be combined with time spent at home undertaking activities as a family. Being together produces feelings of satisfaction and happiness. Simple undertakings can be the best way to bond as a family and feel connected to each other. Combine activity with attending weekly Mass and praying together each day and your children will benefit in numerous ways!

MARRIAGE TIP OF THE MONTH

Marriage Tip 72

As a member of a couple it is important to decide which is more important to you: being right or being connected. When it comes to conflict, which exists in every relationship, it is important to see the other's view, decide where compromises are possible and together come up with a solution that works for both of you. With a "we" attitude in all you do, including conflict resolution, you can feel more deeply connected and content.