



**ST. ANN CATHOLIC SCHOOL**  
**15 St. Ann Street**  
**Hamilton, Ont.**  
**L8L 0B8**  
**905-547-5444**



*Live, Love, Lead like Christ*

Principal – Mr. G. Pizzoferrato  
 Superintendent – Mrs. T. Kovach  
 Principal Intern – Mrs. P. Moscato

Cathedral Principal – Mr. M. Daly  
 Trustee -- Mr. A. Perri



*Good and gracious God, This time of year we think of all the things we should be thankful for. We take a moment today to give thanks for the blessings you have given us. Thank you for our friends, our families, for laughter, for sunshine, for the gentle rains, and the beautiful skies. May we always see the blessings in our lives and take time to appreciate them. Amen*

**PRINCIPAL UP-DATE**

As we enter the month of October, students, staff and community members are asked to keep our Mission Statement: Live, Love, Lead like Christ as our primary focus in everything we do as a school community. Continued efforts on everyone’s part are needed to use the 7 Habits of Highly Effective People to support our Leadership Theme. Leadership is communicating people’s worth and potential so clearly they are inspired to see it in themselves! I challenge each member of our community to be the leader that you yourself would want to follow!

Having recently been appointed as Principal of St Ann School I must begin by thanking staff, students and the parent community for the very gracious and inviting manner with which I have been welcomed. The first month of our 2015–2016 school year has passed very quickly. As the season of thanks is upon us it is time to reflect on how blessed we truly are. I would like to extend our thanks to all who assisted in a smooth start to our school year. I continue to be thankful to all who contribute in making St. Ann a wonderful community for our students. As a community, we can be successful when all members work together to establish positive relationships that are open, co-operative and trusting. Our annual Open House Evening was a great success! Thank you to all parents and caregivers who were able to join us. As a Catholic School community, we will be most successful when we model our thoughts, words and actions after Jesus Christ. On behalf of the entire staff, we sincerely look forward to serving the school community this 2015/16 school year. Together we will make St. Ann School the very best it can be! I wish everyone a peaceful Thanksgiving holiday.

G. Pizzoferrato, Principal

**SAFE ARRIVAL PROGRAM**

It is important that all student absences be reported. The school has an answering machine in operation daily from 4:00 p.m. to 8:00 a.m. where a recorded message may be left about a student’s upcoming absence. It is the school’s safe entry policy to contact parents of absent students unless we have prior notification about their absence. Parents/Guardians will be phoned at work if we cannot reach them at home.

**SCHOOL MASS**

Our next school mass will be **Thursday, October 8<sup>th</sup> at St. Ann Parish at 10:15 a.m.** Please take the time to join us with our Pastor, Fr. Joe and celebrating the Eucharist.

**PA DAY**

The next Professional Activity Day is **Friday, November 20, 2015.** There is **no school** for the students.

**THANKSGIVING DAY**

**Monday, October 12<sup>th</sup>, 2015** is Thanksgiving Day and there will be **no school** for students and staff. Please take time to enjoy the day with family and friends.

**MEET THE STAFF EVENT**

I would like to extend a sincere thank you to all who attended our Meet the Staff Event. Everyone had a wonderful time.

**CONGRATULATIONS AND THANKS**

October 5 is World Teachers Day/EA and October 8 is World Child Care Worker/Early Childhood Educator Appreciation Day. Thanks to these professionals for providing the best opportunities possible for all learners.

### THANKSGIVING FOOD DRIVE

This year, our St. Ann's Student Leadership Team is organizing a Thanksgiving Food Drive for the Good Shepherd. The food drive begins **Wednesday, September 30th and ends on Friday, October 9<sup>th</sup>**. All non-perishable food donations are welcomed. This event is a further example of our responsibility and commitment to social justice and supporting those in need found in our greater community. Thank you for your support of this event!

### SCHOOL CASH ONLINE

School Cash Online is now available for all families. The system is designed for a seamless payment process without cash transactions through the school. To register: <https://hwcdsb.schoolcashionline.com/>

### SCHOOL SAFETY – FIRE DRILLS and LOCKDOWN DRILLS

Throughout the year, the school must conduct 6 fire-drills (3 in each of the fall and spring terms), and 2 lockdown procedure drills (Ontario fire Code – 0. Reg. 33/97, cl.2.8.3.2 (1)(b)). Please review these drills through discussion with your children. Staff will be speaking with them to prepare for the drills. Please review with your children the value to these drills and the need for their safe and rapid response in the interest of their safety.

### HAMILTON PUBLIC HEALTH SERVICES:

October 1, 2015, Public Health Services will be at the school to conduct the Oral Health Survey Assessment (dental screening) for our JK, SK, Gr. 2 and G. 8 students. Children in other grades who were previously identified with dental needs may be re-screened.

### STUDENT ATTENDANCE:

Each month in the newsletter we will publish our data regarding student late arrivals. This number is significant since it represents key teaching time that children are missing and cannot be recovered.

Grades	Average Number of Instructional Minutes Lost Due to Late Arrival
JK to Gr. 3	51.1 mins
Gr. 4 to Gr. 6	77.0 mins
Gr. 7 to Gr. 8	121.86 mins
<b>TOTAL</b>	83.32 mins on average lost per late

### CATHOLIC SCHOOL COUNCIL

Congratulation to the following parent volunteers who will serve as our Catholic School Council for the 2015-2016 School Year. Formal positions on council will be identified by Catholic School Council Members who are present for our October 20<sup>th</sup> 2015 meeting at 6:30pm in our Library. I would like to extend to these parents and staff members my appreciation for their service to our community.

Ms Khamphoomee, Mrs. Allan-Cillis, Mr. Phino, Mrs. Stadig, Mrs. Renzella, Mr. Babich, Mrs. Constancia, Mrs. Liota, Mr. Susi and Mrs. Moscato.

Please remember that the Catholic School Council meets monthly. Look for the monthly agenda and consider joining us at our monthly meeting.

We wish them success as they represent the parents/guardians of St. Ann community. October's meeting will be on **Tuesday, October 20 @ 6:30 p.m.** in the Learning Commons. Additional dates will be set by council members present for the October meeting.

### THANKSGIVING LUNCH



Students and staff will participate in a Thanksgiving Turkey Lunch on Thursday, October 8th. All students are asked to stay for lunch on Thursday.

### FALL CROSS COUNTRY MEET

The C.Y.O fall cross country meet date has been changed to **Thursday, October 15<sup>th</sup> at Marydale Park (Mount Hope/Binbrook Area)**. Approximately 80 students and staff will be making the yearly trek to represent our school. Best of luck to all our competitors! We will be in need of volunteers that have a police check.

### HAMILTON-WENTWORTH CATHOLIC DISTRICT SCHOOL BOARD PARENT CONFERENCE 2015

On **Saturday, November 7, 2015 from 8:30 a.m. to 2:30 p.m.**, there will be a **Parent Conference** at Bishop Ryan Secondary School. For more information, please visit the website at [www.hwcdsb.ca](http://www.hwcdsb.ca)

### LOONIE TUESDAY - - - LET'S SUPPORT THE PILGRIMAGE

Students, families and staff from all of our H.W.C.D.S.B. schools will participate in the 8K Pilgrimage walk from Cathedral Catholic Secondary School to St. Anthony Daniel Catholic Elementary School on **Sunday, October 18th**. The Pilgrimage is in support of the H.W.C.D.S.B. initiatives that help developing nations. On **Tuesday, October 13<sup>th</sup> (Jersey Day) and Friday October 23<sup>rd</sup> (Blue Day Staff Competition)** students and staff are invited to **bring in a loonie** (and/or any other donation amount) to sponsor all of our participants on these two theme days. The monies collected will be donated to this worthy cause on behalf of our school community. A bus will pick up all participants attending at our school and return all participants back to the same location when the event is completed. We wish our participants well on this journey!

### DROPPING CHILDREN OFF

Parents/Guardians are reminded that children should not be dropped off at any time of the day on St. Ann Street as this is a Fire Zone. Please use the "Kiss and Ride" off of Sherman Avenue. Parents/Guardians turning into the lane way off Sherman Ave. in the mornings are asked to be aware of pedestrians on the sidewalk. Please note: there is no parking on the school property and for parents/guardians

to walk their children to the playground. Please use the Church Parking lot across the street or the Holy Spirit Parking Lot.

**At the end of the day, all students that walk to school or are to be picked up will be dismissed by way of the front doors. \*\*\*Please obey the no parking and stopping signs on St. Ann Street at the front of the school. The City of Hamilton Bi-law Officers will be enforcing the no stopping and parking signs. Parking in these zones is a safety concern. Your co-operation regarding these signs is expected! Only those students that take the bus will exit from the back doors. Please note: the “kiss and ride” area is not available at the end of the day.**

### **ALLERGIES**

We are asking your cooperation in continuing to keep St. Ann Catholic School safe for all our children. We have a number of students who suffer from life-threatening food allergies to a variety of allergens including nuts, peanuts, and nut products. Should these students come into contact with any of the above mentioned foods - or the residue left when someone else has been in contact with the food - the student can go into anaphylactic shock - a potentially life threatening situation. Since the time to prevent shock from occurring is only minutes, we want to do everything within our power to avoid this situation. I'm sure we can count on your support for the specified measures. We want all of our children to be safe and healthy, and these measures will help ensure this. Hence, we continue to strive towards maintaining a NUT SAFE school. A gentle reminder as we approach the Halloween season of treats: please be extra vigilant with the selection of school snacks.

### **GROWING SUCCESS: ASSESSMENT, EVALUATION AND REPORTING IN ONTARIO SCHOOLS**

In May 2010 the Ministry of Education released the new initiative *Growing Success; Assessment, Evaluation and Reporting in Ontario Schools* for implementation during the 2010-2011 school year.

The **Progress** Report will go home to parents/guardians in **November**. There will be an evening for interviews. The date will be sent out in the November Newsletter. However, staff will inform you of alternative ways to assist in communicating with families on an individual basis where necessary.

The new reporting system emphasizes the learning skills and work habits and recognizes them as an integral part of a student's learning. The six revised Learning Skills and Work Habits will be consistent from K - Gr. 12.

- |                       |                     |
|-----------------------|---------------------|
| i. Responsibility     | ii. Organization    |
| iii. Independent Work | iv. Collaboration   |
| v. Initiative         | vi. Self-regulation |

These areas are evaluated and reported on as:

**E** – Excellent

**G** – Good

**S** – Satisfactory

**N** – Needs Improvement

### **PIZZA DAY**

Pizza day is on **Friday, October 30th** and orders will be taken on **Wednesday, October 28th** in the morning (\$1.75/slice). This will also be a theme day and students are encouraged to dress for the theme of Hallowe'en. Future Pizza and Dress Down Days will be the **last Friday of each month (Note the day change!)**. Please watch future newsletters for the theme days of those Fridays.

### **JML SCHOOL UNIFORM SUPPLIER**

The school's uniform supplier is JML Sportswear and is located on 95 Parkdale Ave. North. They can be contacted at **905-544-1608**.

**\*\*\*Please note: a directive has been sent out by the H.W.C.S.B. regarding Kobe Pants. No longer are Kobe pants allowed as an option in our Uniform Policy. This was allowed in error and we are asked to phase the Kobe Pants out. We are asking families to not purchase Kobe Pants in the future. As we are in the process of phasing them out this year, students will be allowed to wear them if the product has been purchased. As of September 2015 Kobe Pants will not be allowed. The Uniform Policy has been changed on our website.**

### **MOVE-A-THON**

The school will once again be holding its MOVE-A-THON Fundraiser at St. Ann School in the gym. **It is scheduled for Friday, October 30<sup>th</sup>**. Funds raised from this activity will be used to offset the cost of field trips and to support the continued enhancement of school technology resources for student use. More detailed information about the move-a-thon will be sent home in a separate letter at a later date.

### **FIRST RECONCILIATION AND COMMUNION**

The date for our **Grade 7 students' Confirmation is Saturday, May 14, 2015 @ 5 p.m. @ St. Ann Church. The Grade 2 students will be making The Sacrament of First Communion on Saturday, May 7, 2015 at 5 p.m. at St. Ann Church.** Please keep our Grade 2 and 7 students in your prayers as they prepare for these sacraments.

Father Joe will be meeting with parents/guardians of students in Grade 2 making their First Communion and Reconciliation and our Grade 7 students making their Confirmation on **Wednesday, October 21<sup>st</sup> at 7 p.m. at St. Ann Church.** All parents/guardians are expected to attend this meetings.

### **ST. ANN EARLY LEARNING AND CARE CENTRE**

We offer a full day **Toddler program** for children aged 18 months – 2.5 years, a **Preschool Program** for children 2.5 years – 5 years of age, and a **Before and After School Program** for ages 3.5 – 12 years of age. We are currently

accepting registrations for all programs.

**Fees are as follows:**

- Toddlers \$43.00
- Pre School \$37.00
- Before & After \$20.00(J/K, S/K) \$17.00 (Gr 1-7)
- Before school only \$11.00(J/K, S/K) \$10.00 (Gr 1-7)
- After school only \$15.00(J/K, S/K) \$14.00 (Gr 1-7)

Please pass this information to parents who have children who would benefit from this program.

**For more information or to register call:  
St. Ann Early Learning and Care Centre  
Contact: Joanne Genovese (supervisor)  
(905) 523-2304**

**DID YOU KNOW?**

The ILC Homework Help website located at <http://homeworkhelp.ilc.org> is designed to enhance students' learning skills and contribute to academic success in math. This project focuses on providing free on-line math assistance to students in Grades 7, 8 and 9. The key features of the website contain interactive tutorials, examples, exercises and EQAO test preparation. The site also includes the *Ask a Teacher* one-on-one tutoring, available only after school from 5:30- 9:30 p.m. from Sunday to Thursday, and is designed to help students with their homework. Parents can also register as guests but cannot participate in the chat sessions. This is a fully monitored site with several protective measures where students remain safe and anonymous and can return to the site as often as they need. All grade 7, 8 and grade 9 students can access these supports, by logging into Homework help at <http://homeworkhelp.ilc.org> using the Username and Password they generated during the on-line registration process facilitated by the school. The Homework Help website is fully monitored with several protective measures in place to ensure student safety.

**FREE EYEGLASSES**

If you do not have coverage for your child's eye exam and/or glasses, Lenscrafters will provide these for you free of charge. Please request your letter at the office.

**BUS POLICIES**

In May 2008 the Hamilton Wentworth Catholic District School Board and the Hamilton Wentworth School Board partnered together and formed the Hamilton Wentworth Student Transportation Services (HWSTS) Consortium. The mandate for the Consortium includes the provision of safe, effective and efficient transportation services for students for both Partner Boards. If you have any inquiries, changes or complaints regarding the bussing please call **1-800-691-6402** and your call will be directed to the appropriate staff. We thank you for your patience during this transition.

In order to make sure our children get home safely, it is the Board's policy that every child will go home on their assigned bus. **No exceptions will be made.**

**BARTON LIBRARY**

The Barton Branch Library have available a Homework Help Club that is free for students in **Grade 1 to Grade 6.**  
**Mon. 6 p.m. – 7:30 p.m.**  
**Wed. 6 p.m. – 7:30 p.m.**

<http://www.hpl.ca/articles/homework-help-clubs>

It begins every year just after Thanksgiving – please check with the library for more specifics.

**Central Library**, downtown, offers **Teen Homework help for Grades 6 to 12.**

<http://www.hpl.ca/programs/teen-homework-help>

**CCAS Foster Parent Information Night**

The Catholic Children's Aid Society of Hamilton is presenting a Foster Parent Information Night. If you have ever considered building your family through fostering, this is a great opportunity to learn about the process with the CCAS and have your questions answered.

Where: CCAS of Hamilton. 735 King St. East.  
When: 6:30pm on Wednesday, October 7, 2015

For more information and to register please call Katrina at (905) 525-2012 ext. 3280 or email [katrina.mcmorrow@hamiltonccas.on.ca](mailto:katrina.mcmorrow@hamiltonccas.on.ca)

Visit our website to find out more [www.hamiltonccas.on.ca](http://www.hamiltonccas.on.ca)

**ST. ANN'S PARISH CHRISTMAS BAZAAR**

St. Ann's Annual Christmas Bazaar will be held at St. Ann's School gym (Barton St. E. & Sherman Ave.N)  
Sat. Nov. 14th 2pm to 7pm &  
Sun. Nov. 15th 10am to 1pm.

Capital Cash Prizes, Penny Sale, Baked Goods, Café Special Raffles. All are welcome. We are a fully wheelchair accessible facility.

For more information call 905-544-0488

We will be looking for student volunteers to help set up and clean up for the bazaar.

ST. ANN'S PARISH is looking for Altar Servers. They would like young parishioners/students in grade 4 & higher (male or female) to assist as Altar Servers at their weekend Masses.

Training will be provided. You can choose the Mass time that suits your family's schedule.

Contact the parish at 905-544-0488 or email

[stannparish@cogeco.ca](mailto:stannparish@cogeco.ca)

**ECO LEADERS**

The St. Ann ECO leaders have a challenge for all students and staff for October. We challenge you to bring only reusable water bottles to school. We hope to reduce our dependence on single use water bottles.



### **CAMPBELL'S SOUP LABELS:**

Please continue to save your Campbell's Soup Labels. They can be placed in the envelopes outside the office at any time. We appreciate your support of this community initiative.

### **REMINDER AS WE APPROACH COLD AND FLU SEASON**

The best way to prevent or reduce the spread of influenza and many other illnesses is through personal protection:

- Wash hands well and often with soap and water for at least 15 seconds.
- Cough and sneeze into your upper sleeve or a tissue, not your hand. Dispose of tissues immediately.
- Clean commonly touched surfaces like door knobs, light switches, phones and computer equipment often.
- If you have a fever and influenza-like symptoms, stay at home until you no longer have a fever and are well.

If your child is sick and not able to go to school, report your child's absence to the school and let them know if your child has flu symptoms. Flu symptoms include a fever and any of the following symptoms:

- Cough
- Fatigue
- Muscle aches
- Chills
- Shortness of breath
- Vomiting and diarrhoea which are common in children.

If you require

- Information about the flu, visit [www.hamilton.ca/flu](http://www.hamilton.ca/flu) or call 905-546-CITY (2489)

### **HEALTH ACTION TEAMS**

As part of the school's commitment to the health and wellness of all, a Health Action Team is in the process of being created. In partnership with Public Health, the Health Action Team will meet regularly to ensure physical and mental wellness for the entire community. The team is comprised of students, staff and the Public Health Nurse assigned to the school.

### **MCMASTER UNIVERSITY THIRD YEAR UNIVERSITY STUDENTS**

This year, St. Ann Catholic Elementary School will benefit from the presence of four McMaster University Third Year Nursing Students. Their project is related to empowering students to making active and healthy choices regarding playground activities to ensure a safe and active recess at all times. A variety of student leadership opportunities will be nurtured. The student nurses will work closely with the school's Health Action Team.

### **EMAIL SUBSCRIPTIONS ON SCHOOL WEBSITE**

A reminder to parents and guardians to subscribe to the school email list. Once you 'subscribe' with your email address, you will receive each email messages regarding school life and important notices. This function can be accessed directly from the St. Ann school website. Look for the 'Follow Us' and 'Subscribe' section and the envelope icon. Registration is a one step process that will take no more than two minutes. I look forward to communicating with you in this manner during the course of this year.

### **SELF-REGULATION**

Self-Regulation remains one of the most important topics in the education world as it relates to Social/Emotional Development and Mental Wellness. Dr. Stuart Shanker is one of the leading international experts on the subject and Ontario's Ministry of Education greatly relies on him and continues to endorse his work.

The links below provide direct access to video clips and Dr. Shanker's website. Though you may hear reference to 'early years', the concepts are universal and extend beyond children and youth and into adulthood. We all know, I am sure, adults in our own lives still struggling with self-regulation development. Should you wish to learn more about self-regulation and the school's commitment to nurturing its development in our students please consider the following at your convenience.

Difference between Compliance and Self-Regulation  
<http://learnteachlead.ca/videos/what-is-the-difference-between-compliance-and-self-regulation/>

What is Self-Regulation  
<http://learnteachlead.ca/videos/what-is-self-regulation/>

What Can We All Do to Support Self-Regulation?  
<http://learnteachlead.ca/videos/what-can-educators-do-to-support-students-in-developing-self-regulation/>

Self-Regulation: 1 What is it? 2 Impacts of Stress! 3 Enhancing Children's Self-Awareness, 4 Supportive Environments  
<http://www.edu.gov.on.ca/childcare/selfRegulate.html>

Dr. Shanker and the Mehrit Centre  
<http://www.self-reg.ca/>

Multiple Self-Regulation Sub-Topic Video Series  
<http://www.edugains.ca/newsite/earlyPrimary/primaryresources/selfregulation.html>

### **A MESSAGE FROM POPE FRANCIS**

We must restore hope to young people, help the old, be open to the future, and spread love. Be poor among the poor. We need to include the excluded and preach peace.

-Pope Francis